

Dr. Yousefian graduated from Washington University School of Dental Medicine and completed postgraduate training in orthodontics, earning a dual Master of Science Degree in Biology and Physical Anthropology from Ohio State University. He is a Diplomate of the American Board of Dental Sleep Medicine and Orthodontics, and he maintains a private practice in Bellevue, Washington. He has collaborated on several research projects, including NIH-funded clinical trials in the airway, open bite, and temporomandibular joint (TMJ) disorders. He lectures nationally and internationally and has delivered over 120 presentations. He has served as a Clinical Assistant Professor at Ohio State University and the University of Washington in graduate pedodontics and orthodontics. He is a manuscript and book reviewer for several medical and dental publishing companies, including Elsevier, American Journal of Orthodontics & Dentofacial Orthopedics, Journal de Pediatria, Otolaryngology Case Reports, The Permanente Journal, and CRC Press, a part of the Taylor & Francis Group. He has served on the Children's Airway Screening Taskforce, collaborating with the American Dental Association, American Orthodontic Association, and American Academy of Sleep Medicine. He has contributed to over 51 chapters and publications in peer-reviewed journals, as well as thirteen textbooks. CRC Press published volume one of his medical and dental textbook, Pediatric Treatment of Sleep Apnea with Teledontics/Telegnathics, in 2025. He has taught this innovative approach to dental and medical practitioners in his study clubs, "Comprehensive Treatment Seminars."

PUBLICATIONS:

Yousefian Z. J.: Treatment of pharyngorofacial and sleep-related disorders with Teledontics-Teledontics-Telegnathics, Editor; Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, October 2026

Joseph Yousefian DMD MS MA, Sunil Aggarwal MD Ph.D., Henry Rowshan DDS: A new hybrid mandibular advancement device and teledontic-telegnathic protocol for the treatment of malocclusion, temporomandibular joint, and sleep-related breathing disorders. Pediatric Breathing Disorders: Interdisciplinary Diagnosis and Therapy Actions, first Edition. Editors: William E. Harrell, David McIntosh, and David Gozal, 2026.

Yousefian J, Aggarwal S, Cozean C, Levy J. ApnoDent®: A New Hybrid Mandibular Advancement Device for the Treatment of Temporomandibular Joint and Sleep-Related Breathing Disorders. J Dent Sleep Med. 2025;12(4)

Sal Rodas and Joseph Yousefian: The Business of Dental Sleep Medicine: How to Capitalize on the Fastest-Growing Therapy in Dentistry. Pediatric Treatment of Sleep Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Joseph Yousefian, Colette Cozean, Sunil Aggarwal, Robert Odegard, and Ryan Yousefian: Teledontic-Telegnathic Protocol and Use of Hybrid Mandibular Advancement Devices for the Management and Treatment of Temporomandibular Joint Disorders and Obstructive Sleep Apnea. Pediatric Treatment of Sleep Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Adrienne Laury, Joseph Yousefian, and Kelley Fisher: Otolaryngology Surgeries for the Management of Pediatric Obstructive Sleep Apnea. Pediatric Treatment of Sleep Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Soroush Zaghi, Gloria Nguyen, Joseph Yousefian, Henry Rowshan, and Raymond Hsu: Role of Otolaryngologist and Orthodontist in Early Management of Pediatric Sleep-Disordered

Breathing. Pediatric Treatment of Sleep Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Ron Mitchell, Joseph Yousefian, and Kelley Fisher: Pediatric Obstructive Sleep Apnea and Adenotonsillectomy. Pediatric Treatment of Sleep Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Joseph Yousefian and Ryan Chiang: Management of Pediatric Pharyngorofacial Disorders with Teledontics and Hybrid Mandibular Advancement Devices. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Joseph Yousefian and Sara Silvestri: Early Pediatric Treatment of Obstructive Sleep Apnea with Teledontics. Pediatric Treatment of Sleep Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Licia Coceani Paskay, Samantha Weaver, Marc R. Moeller, and Joseph Yousefian: Myofunctional Therapy and Pediatric Sleep Disorders. Pediatric Treatment of Sleep Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Elnaz Jalali, Mina Mahdian, Dania Tamimi, and Joseph Yousefian: Pharyngorofacial Imaging for Evaluation of Upper Airway and Sleep-Related Breathing Disorders. Pediatric Treatment of Sleep Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Jerald H. Simmons, Joseph Yousefian, Nancy Knudson-Magar, and Marianne Jacobson: Evaluation and Management of Sleep-Disordered Breathing in Children. Pediatric Treatment of Sleep Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Marsha Luginbuehl, Joseph Yousefian, and Gabriel Malouf: Need for a Universal Screening Process to Identify Sleep-Related Breathing Disorders. Pediatric Treatment of Sleep Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Joseph Yousefian, Michael N. Brown, Jay Levy, and Henry Rowshan: The Impact of Sleep-Related Breathing Disorders and Obstructive Sleep Apnea on the Systemic Musculoskeletal System and Orthopedic Conditions. Pediatric Treatment of Sleep Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Umakanth Katwa, Carlos Sisniega, Joseph Yousefian, and Sunil Aggarwal: The Comorbidities of Pediatric Sleep-Disordered Breathing. Pediatric Treatment of Sleep Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Ingrid Kohlstadt and Joseph Yousefian: Safeguarding Pharyngorofacial and Upper Airway Structures from Food Technology's Untoward Metabolic Effects. Pediatric Treatment of Sleep Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Joseph Yousefian, Robert H. Lustig, and Sunil Aggarwal: The Effect of Added Sugar on Pediatric Obstructive Sleep Apnea Syndrome (POSAS). Pediatric Treatment of Sleep Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Joseph Yousefian, Norman Chiang, and Ryan Chaing: Pediatric Obstructive Sleep Apnea and the Critical Role of Pharyngorofacial Remodeling. Pediatric Treatment of Sleep Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Joseph Yousefian and Steve Carstensen: Pediatric Obstructive Sleep Apnea and the Critical Role of Pharyngorofacial Growth. Pediatric Treatment of Sleep Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Joseph Yousefian, David Riley, Sunil Aggarwal, and Timothy Gray: Sleep-Related Breathing Disorders and Obstructive Sleep Apnea: A New Pandemic. Pediatric Treatment of Sleep

Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Yousefian Z. J.: Pediatric Treatment of Sleep Apnea with Teledontics – Telegnathics. 1st edition, Editor: Joseph Yousefian, CRC Press – Taylor & Francis Group, Boca Raton, Florida, 2025.

Yousefian Z. J.: Teledontic-Telegnathic technology: When malocclusion and obstructive sleep apnea Meet. Orthodontic Product Magazine, pp 24-27 March 2022.

Yousefian Z. J.: Focused on Airway. Orthodontic Product Magazine, November 2021.

Yousefian Z. J.: Teledontic - Telegnathic Protocol (TTP) for Treatment of Obstructive Sleep Apnea. Case-Book of Sleep Medicine, 3rd edition, American Academy of Sleep Medicine, December 2019.

Yousefian Z. J.: Teledontic Treatment of Adult Obstructive Sleep Apnea with Invisalign, Gallery Book of Invisalign, Align Technology, Inc. San Jose CA 2019.

Yousefian Z. J., Brown M.: Reduction in Orthopedic Conditions Through Teledontic Treatment of Pharyngorofacial Disorders. Metabolic Therapies in Orthopedics, Second Edition. Editors; Kenneth Cintron MD, Ingrid Kohlstadt MD, Johns Hopkins Medical School, 2018.

Yousefian J.: Teledontic, pharyngorofacial orthopedic treatment for OSA. Dental Sleep Practice. Winter issue 2017, pp. 6-8.

Yousefian Z. J., Moghadam B., The role of contemporary orthodontics in diagnosing and treating sleep-disordered breathing (SDB): Goal-Oriented Orthodontics. Edited by R Andrew Girardot, Jr. publisher; Roth Williams Legacy Foundation. Spanish edition 2017, pp. 600-651.

Yousefian Z. J., Brown M., Bobek S., Chiang N., Chiang R., Treatment of Chronic Temporomandibular Joint Pain and Sleep Disordered Breathing by Teledontic and Telegnathic Protocol Utilizing Total Joint Replacement. Open Journal of Orthopedics, Vol.7 No.10, pp 308-319 October 2017.

Yousefian Z. J., Brown M.: Teledontics and Telegnathic Surgery for Treatment of Obstructive Sleep Apnea Syndrome Utilizing Surgically Assisted Mandibular Expansion (SAME) EC Dental Science 14.1 (2017): 31-39, September 12, 2017.

Yousefian Z.J.: Correction of Severe Obstructive Sleep Apnea Syndrome with Interdisciplinary Medical and Dental Treatment Planning. Journal of Dental Sleep Medicine, July 2016, Vol 3, No. 3.

Yousefian Z. J., Weaver K., Trimble D., DePaso W., Gottlieb R., Correction of Severe Obstructive Sleep Apnea with Interdisciplinary treatment. Dentistry Today, August 2015.

Wadhvani C., Akimoto K., Yousefian Z. J., Solving the challenge of the severely compromised implant in the esthetic zone: An Interdisciplinary care case. Compendium, July/August 2015.

Yousefian Z. J., Moghadam B., The role of contemporary orthodontics in diagnosing and treating sleep-disordered breathing (SDB): Goal-Oriented Orthodontics. Edited by R Andrew Girardot, Jr. publisher; Roth Williams Legacy Foundation. Second edition 2015, pp. 600-651.

Yousefian Z. J., Moghadam B., The role of contemporary orthodontics in diagnosing and treating sleep-disordered breathing (SDB): Goal-Oriented Orthodontics. Edited by R Andrew Girardot, Jr. publisher; Roth Williams Legacy Foundation. First edition 2013, pp. 600-651.

Yousefian Z.: A simple technique for mandibular symphyseal distraction osteogenesis. Journal of Clinical Orthodontics. Vol. XLIV, No. 12, November 2010.

Yousefian Z. J., Trimble D., Folkman G.: A new look at the treatment of Class II Division 2 Malocclusion. American Journal of Orthodontics & Dentofacial Orthopedics. Vol. 130, No. 6, December 2006.

Moghadam B., Yousefian Z. J.: Oral soft and hard tissue abnormalities in pediatric renal transplant recipients. Oral Surgery, Oral Medicine, Oral Pathology, Vol.97, No. 4, pp 459-460 April 2004.

Moghadam B., Yousefian Z. J., Orofacial complications associated with repositioning the mandible in snore guard users. General Dentistry Vol. 51 No. 6, November-December 2003.

Moghadam B., Yousefian Z. J., Kuttan N.: The adverse effect of mandibular advancement appliances on TMJ and masticatory muscles. Oral Surgery, Oral Medicine, Oral Pathology, Vol. 91, pp 425-426 April 2001.

Yousefian Z. J., Ngan P., Saito S., Shanfeld J., and Davidovitch Z.: Hydrostatic system of force transmission in the periodontium: Biological Mechanisms of Tooth Movement and Craniofacial Adaption, edited by Davidovitch Z. and Norton L. (Harvard Society for the Advancement of Orthodontics, Boston, MA, USA), pp. 161-171, 1996.

Yousefian J.: Effect of brachycephalization on human craniofacial structures: Biological Mechanisms of Tooth Movement and Craniofacial Adaption, edited by Davidovitch Z. and Norton L. (Harvard Society for the Advancement of Orthodontics, Boston, MA, USA), pp 561-567, 1996.

Yousefian Z. J., Firouzi F., Shanfeld J., Ngan P., Davidovitch Z.: A new experimental model for studying the response of periodontal ligament cells to hydrostatic pressure. American Journal of Orthodontics and Dentofacial Orthopedics Vol. 108, No. 4, October, pp 402-409, 1995.

Moghadam B., Yousefian Z. J., Gier R.: Ataxia-Telangiectasia case report: Oral Surgery, Oral Medicine, Oral Pathology, Vol. 75, pp 791-797, 1993.

Yousefian Z. J., Ngan P., Miller B., Shanfeld J., and Davidovitch Z.: Effect of different types of stress on human periodontal ligament cells in vitro: Biological Mechanisms of Tooth Movement and Craniofacial Adaption, edited by Davidovitch Z., EBSCO Media, Birmingham, AL, pp 319-331, 1991.

Ngan P., Kleeman B., Jordan F., Rosol T., Yousefian Z. J., Shanfeld J., and Davidovitch Z.: Effect of intermittent pressure on periodontal ligament cell-mediated bone resorption in vitro: Biological Mechanisms of Tooth Movement and Craniofacial Adaption, edited by Davidovitch Z., EBSCO Media, Birmingham, AL, p 331, 1991.

Yousefian Z. J., Ngan P., Shanfeld J., Davidovitch Z.: Effect of hydrostatic pressure on PGE production by PDL cells. J. Dent Res. Vol. 70, April, Abstract No. 2063, pp 524, 1991.

Yousefian Z. R., Yousefian Z. J., Moghadam B.: Oral candidiasis in immunosuppressed patients. J. Dent Res. Vol. 70, April, Abstract No. 526, p 524, 1991.

Miller B., Yousefian Z. J., Ngan P., Shanfeld J., Davidovitch Z.: Effect of different forms of mechanical stress on PGE production. J. Dent Res. Vol. 70, April, Abstract No. 567, p 336, 1991.

Firouzi F., Yousefian Z. J., Ngan P., Shanfeld J., Davidovitch Z.: Effect of hydrostatic pressure on PDL cell proliferation in vitro. J. Dent Res. Vol. 70, April, Abstract No. 568, p 336, 1991.

Yousefian Z. J., Ngan P., Shanfeld J., Davidovitch Z.: A dynamic system for applying pressure to cell cultures. J. Dent Res. Vol. 69, March, Abstract No. 775, p 205, 1991.

Yousefian Z. J., Ngan P., Shanfeld J., Davidovitch Z.: Effect of Substance P on cAMP and PGE levels in Fibroblasts. J. Dent Res. Vol. 68, Abstract No. 956, p 301, 1989.

Yousefian, Z. J., Ngan P., Shanfeld J., Davidovitch Z.: Effect of Interleukin-1B on cGMP and PGE levels in periodontal ligament fibroblasts in vitro. J. Dent Res. Vol 67, March, Abstract No. 1168, p 259, 1988.

Ngan P., Yousefian Z.J., Shanfeld J., and Davidovitch: The effect of Interleukin-1B and Parathyroid hormone on camp and PGE levels in human periodontal ligament fibroblasts in vitro. Biological Mechanisms of Tooth Eruption and Root Resorption, edited by Davidovitch Z., EBSCO Media, Birmingham, AL, 261-268, 1988.

INVITED PRESENTATIONS:

- 2026 Mini residency in diagnosis and treatment of sleep-related breathing disorders in children and adults, June 12-13
- 2026 Mini residency in diagnosis and treatment of masticatory and temporomandibular joint disorders in children and adults, April 24-25
- 2026 Mini residency in diagnosis and treatment of sleep-related breathing disorders in children and adults, January 23-24
- 2025 Successful Sleep Apnea Management at the Dental Practice, Annual meeting, Foundation for

- Bioesthetic Dentistry, Boston, Massachusetts, October 3-4.
- 2025 A Paradigm Shift in Orthodontics – Orthognathics. School of Dentistry, Departments of Pediatrics, Orthodontics, and Maxillofacial Surgery. The University of Alabama at Birmingham (UAB), July 11.
 - 2025 A Paradigm Shift in The Treatment of Pediatric Sleep Apnea, American Academy of Physiological Medicine and Dentistry (AAPMD), May 21.
 - 2024 Obstructive Sleep Apnea & Temporomandibular Joint Disorders: Practical Approach to Evaluation, Diagnosis, and Treatment, Annual meeting, Foundation for Bioesthetic Dentistry, Denver, Colorado, October 4-5.
 - 2024 Mini residency in diagnosis and treatment of masticatory and temporomandibular joint disorders in children and adults, April 19-20
 - 2024 Mini residency in diagnosis and treatment of sleep-related breathing disorders in children and adults, January 26-27
 - 2024 Teledontic - Telegnathic Protocol for Treatment of Obstructive Sleep Apnea. Sleep Education Consortium, Houston, Texas, April 4th-6th.
 - 2023 Pediatric sleep-related breathing disorders and obstructive sleep apnea: practical interdisciplinary approach to evaluation, diagnosis, and treatment. Keynote Speaker, 36th Annual Symposium Pediatric Dental Association, University of Southern California, Los Angeles, CA 90089, June 30.
 - 2023 New approaches in adult orthodontics for the treatment of osa with the teledontic - Apnotx and telegnathic surgical assisted approaches beyond the MARPE and DOME procedures. Sleep Education Consortium, Houston, Texas, April 30.
 - 2023 Orthodontics approaches to airway expansion and the role of appliance therapy in airway management of osa. Sleep Education Consortium, Houston, Texas, April 28.
 - 2023 Creating a successful airway practice. American Academy of Physiological Medicine and Dentistry, March 28.
 - 2022 New approaches in early intervention with the Teledontic - Apnodent approach. Sleep Education Consortium, Houston, Texas, April 30.
 - 2022 Adult orthodontics and the role of appliance therapy in airway management of OSA. Sleep Education Consortium, Houston, Texas, April 29.
 - 2022 Integrating dental professionals into the medical sleep treatment team. Sleep Education Consortium, Houston, Texas, April 28.
 - 2022 Temporomandibular disorders. Oregon dental conference annual meeting, Portland, OR, April 9.
 - 2022 Obstructive sleep apnea. Oregon dental conference annual meeting, Portland, OR, April 9.
 - 2020 Adult teledontics with telegnathics. 5th Annual American Academy of Physiological Medicine & Dentistry, Virtual, Nov. 12-14.
 - 2020 Pediatric Airway: Facial Orthopedic Conditions/Resolutions. 15th Annual Sleep Education Consortium, Huston, Texas, January 24.

- 2020 Airway Health, The New Concepts in Etiology, Diagnosis, and Treatment of Obstructive Sleep Apnea in Children and Adults, Annual Meeting, Foundation for Bioesthetic Dentistry, Denver, Colorado, October 4.
- 2019 Teledontics - Telegnathics: Interdisciplinary Approach for Treatment of Pediatric Airway Disorders, Foundation for Bioesthetic Dentistry, Denver, Colorado, January 11.
- 2019 Telegnathic Therapy. Calgary Sleep Symposium. Calgary, Canada, May 11.
- 2019 Pediatric Breathing Problems. Calgary Sleep Symposium. Calgary, Canada, May 10.
- 2019 Teledontics To Correct Turbulent Flow. AFDC Episode 75-Webcast, April 8.
- 2019 Teledontics - Telegnathics Protocol: Interdisciplinary Approach for Treatment of Pharyngorofacial Disorders and Obstructive Sleep Apnea. Annual Arnett Orthognathic Surgery Forum. Santa Barbara, California, January 24.
- 2019 Your Patient's Face is More Crooked, and The TMJ and Neck Pain Management is Ineffective! Comprehensive Treatment Seminars study club. Bellevue, WA, January 16.
- 2018 Upper Airway Deficiency Is More Than Just Sleep Disordered Breathing! Comprehensive Treatment Seminars study club. Bellevue, WA, November 14.
- 2018 Tongue Tie and its Effect on Upper Airway, Masticatory, and Cervical Pain. Comprehensive Treatment Seminars study club. Bellevue, WA, September 26
- 2018 Pediatric Sleep Apnea: Early diagnosis, Prevention, and Treatment. The American Orthodontic Society Annual Conference, San Diego, CA, September 13.
- 2018 Dentist, Quarterback in Treatment of Pediatric Masticatory and Sleep Breathing Disorders. May 9.
- 2018 Reduction in Systemic Orthopedic Conditions! Comprehensive Treatment Seminars study club. Bellevue, WA, March 14.
- 2018 Starting Kids Off Right: Recognizing Pediatric Sleep Breathing Problems! Comprehensive Treatment Seminars study club. Bellevue, WA, January 10.
- 2017 Pediatric Sleep Apnea: The New Concepts in Etiology, Diagnosis, and Treatment. The American Orthodontic Society Annual Conference, Clearwater, FL. September 16.
- 2017 Interdisciplinary Solutions for Corrections of the Narrow Face and Narrow Smile. Pacific Northwest Dental Conference. Seattle WA, June 15.
- 2017 Orthodontic treatment can be more than straight teeth! Dolphin Imaging Annual Conference (keynote speaker). Nashville, TN, March 2.
- 2017 Pharyngorofacial Regenerative Orthopedic Medicine: Advances in Understanding TMD American Association of Orthopedic Medicine, Annual Conference, Seattle WA, April 19.
- 2017 Pharyngorofacial: Current Update. American Association of Orthopedic Medicine, Annual Conference, Seattle WA, April 19.
- 2017 Orthodontic treatment can be more than straight teeth! Dolphin Imaging Annual Conference

- (keynote speaker). Nashville, TN, March 2. 2016, Temporomandibular disorders and obstructive sleep apnea. Lake Washington Dental Hygiene Society, Bellevue, WA, May 19.
- 2016 Role of dental specialties in the interdisciplinary treatment of obstructive sleep apnea. Comprehensive Treatment Seminars study club. Bellevue, WA, May 11.
- 2016 TMD Fallacy! New concepts in etiology, diagnosis, and treatment. American Orthodontic Society. Dallas TX, April 16.
- 2016 Interdisciplinary solutions for occlusal relapse caused by oral sleep appliances. Comprehensive Treatment Seminars study club. Bellevue, WA, March 9.
- 2015 Temporomandibular disorders and obstructive sleep apnea: The new concepts in etiology, diagnosis, and treatment. Modern Dental Laboratories, Bellevue, WA, November 17.
- 2015 Interdisciplinary surgical versus nonsurgical management of severe intracapsular complications. Comprehensive Treatment Seminars study club. Bellevue, WA, November 11.
- 2015 CR splint and prevalence of condylar resorption in patients with upper airway resistance syndrome. RWISO annual conference. Fort Lauderdale, FL, October 26-28.
- 2015 Temporomandibular Disorders: The New Concepts in Etiology, Diagnosis, and Treatment. University of Missouri-Kansas City School of Dentistry, Kansas City, MO, September 19
- 2015 Stabilization appliances for managing and treating intracapsular and masticatory muscle disorders and their interactions with sleep-disordered breathing! Comprehensive Treatment Seminars study club. Bellevue, WA, September 9.
- 2015 Pseudo disc development, strategy for TM joint rehabilitation. Seattle TMJ study club. Seattle, WA, June 26.
- 2015 The Role of Dental Implants in the Treatment of Obstructive Sleep Apnea! Comprehensive Treatment Seminars study club. Seattle, WA, May 13.
- 2015 Role of Teledontic philosophy in the treatment of obstructive sleep apnea. Henry Schein Company. San Diego, CA, March 22.
- 2015 Periodontics and Obstructive Sleep Apnea Syndrome, the Connection! Comprehensive Treatment Seminars study club. Seattle, WA, March 11.
- 2015 Condylar resorption prevalence in patients with upper airway resistance syndrome. Annual Arnett Orthognathic Surgery Forum. Santa Barbara, California, January 22.
- 2015 Why your TMJ Therapy is ineffective? Airway! Comprehensive Treatment Seminars study club. Seattle, WA, January 14.
- 2014 Cause, Risks, and Treatment of Tooth Grinding in Children. Annual National Dental Hygienists and National Orthodontic Health. Bellevue, WA, October 29.
- 2014 Straight Teeth, Ideal Face and Open Airway. Comprehensive Treatment Seminars study club. Seattle, WA, September 10.

- 2014 Medical protocol for TMJ treatment. Swedish Hospital. Seattle, WA, March 28.
- 2014 Role of interdisciplinary dental/medical team in managing sleep-disordered breathing. Premier Study Club. Kent, WA, February 04.
- 2014 Proposing a new airway classification system for diagnosing and treating sleep-disordered breathing. Annual Arnett Orthognathic Surgery Forum. Santa Barbara, California, January 29.
- 2013 Role of the dental practitioner in the management of sleep-disordered breathing. Seattle Study Club. Tri-City, WA, November 15.
- 2013 The new dental guidelines and protocol for diagnosis and comprehensive treatment of obstructive sleep apnea. Comprehensive Treatment Seminars Study Club. Bellevue, Washington, November 12.
- 2013 The Dental Team and management of Obstructive Sleep Apnea. Seattle TMJ study Club. Seattle, Washington, October 24.
- 2013 The role of the interdisciplinary dental team in the treatment of sleep-disordered breathing. Swedish Hospital. Seattle, WA, July 27.
- 2013 More Than Just Straight Teeth. 2013 Pacific Northwest Dental Conference. Bellevue, Washington, June 13-14.
- 2013 Role of the dental field in diagnosing, treating, and preventing disordered sleep breathing. Seattle Study Club. Kenmore, WA, April 23
- 2013 New grading system for tongue evaluation and predictor for severity of disordered sleep breathing. Annual Arnett Orthognathic Surgery Forum. Santa Barbara, California, January 30.
- 2013 Role of Dental Implants in Wholistic Interdisciplinary Treatment. Comprehensive Treatment Seminars Study Club. Bellevue, Washington, January 10.
- 2012 What to do when your obstructive sleep apnea (OSA) patient does not respond to your TMJ therapy. 2012 Roth Williams International Society of Orthodontists Annual Conference, Paris, France, October 2-4.
- 2012 Interdisciplinary treatment of PharyngOroFacial (airway, bite, face) complications caused by oral contraceptive pill use and abnormal menstrual cycles. Comprehensive Treatment Seminars Study Club. Bellevue, Washington, September 22.
- 2012 Diagnosis and treatment for sleep-disordered breathing. Emerald City Dental Meeting. Kent, Washington, May 22.
- 2012 Simplified mandibular symphyseal distraction osteogenesis (SMSDO) technique for correction of mandibular skeletal asymmetry. 12th Annual Arnett Orthognathic Surgery Forum. Santa Barbara, California, January 26-28.
- 2011 Interdisciplinary treatment of PharyngOroFacial (airway, bite, face) complications caused by oral contraceptive pill use and abnormal menstrual cycles. Comprehensive Treatment Seminars Study Club. Bellevue, Washington, September 12.
- 2011 Restoration failure of anterior teeth.
- 2011 Esthetic and functional contribution of mandibular symphyseal distraction osteogenesis in the rehabilitation of PharyngOroFacial system. RWISO annual conference. Chicago, Illinois, May 18-20.
- 2011 Simplified in-office surgical/orthodontic technique for mandibular symphyseal distraction osteogenesis. American Association of Orthodontists, 111th Annual Session. Chicago, Illinois, USA, May 13-17.
- 2011 Simplified Mandibular Symphyseal Distraction Osteogenesis is an in-office surgical/orthodontic technique that can avoid extractions. Orthodontic Studies Study Club. Federal Way, Washington, April 21.

- 2011 Role of an orthodontist in the management of sleep-disordered breathing. Annual session, Functional and Cosmetic Excellence conference. Orange, California, March 14-19.
- 2011 Utilization of simplified mandibular symphyseal distraction osteogenesis (SMSDO) technique for replacing missing lower incisors in the rehabilitation of PharyngOroFacial system. AOSF annual conference. Santa Barbara, California, February 3-5.